

Summer hill walking

Please contact Mudrock Adventure for all enquires regarding kit.

Email Dennis at mudrockadventure@gmail.com or phone 07983 837747.

Clothing suitable for weather conditions

Layers are good. No jeans or cotton.

Hat and Gloves

Waterproof jacket and trousers

Walking boots

Day sack 30-40L

Food

Drink

Personal Medication

Head torch + spare batteries

Compass Silva 4 is recommended (If on a navigation course)

Winter hill walking

All the summer kit plus

Extra hat and gloves

Extra warm jacket

Walking boots B2

Crampons C2 or C1

Walking Ice axe

Double lensed goggles

If you do not have any of the above equipment contact Mudrock Adventure we can assist with hire.